



[Dr. Nada Helmy]

[Infection Control Consultant-CBIC Certified-Egyptian fellow ship-TOT-MBA
AASTMT-Health care quality professional]

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▪ [\[LinkedIn / Professional Profile URL\]](#)

Professional Summary

Experienced healthcare leader and certified trainer with over 15 years in people development, organizational transformation, and infection control leadership. Proven ability to design and deliver impactful training programs, coach multidisciplinary teams, and drive culture change across large healthcare institutions. Passionate about learning & development, staff empowerment, and shaping positive work environments. Seeking to transition into a full-time training and HR development role where I can bring my experience in team building, instructional design, and performance improvement to support organizational growth.

Professional Experience

Manager for Infection Control and Public Health Department Cleopatra Hospitals Group (Jan 2019 – Present)

- Developed and implemented health and safety policies ensuring a safe workplace.
- Prepared accurate cost estimates for large-scale construction projects.
- Achieved GAHAR registration with a 100% score in infection control.

Infection Control and Infectious Diseases Instructor High Score Academy (Jan 2019 – Present)

- Mentored students to become CBIC certified.
- Led simulations and clinical experiences for real-world application.
- Developed innovative teaching techniques to improve student engagement.

Infection Control Deputy Manager International Medical Centre (Jan 2017 – Jan 2019)

- Led team in JCI and GAHAR accreditation processes.

Infection Control Director Ministry of Health (Jan 2017 – Jan 2019)

Core Competencies

8 Academic Education

- MBA in Marketing, Arab Academy for Science, Technology and Maritime Transport, 2023.
- Egyptian Fellowship in Infection Control and Epidemiology, 2020.
- Hospital Management Diploma, Faculty of Commerce (Very Good).
- B.Sc. in Pharmaceutical Science, Faculty of Pharmacy, Alexandria.

Certificates

- Certification Board of Infection Control and Epidemiology: CIC (Feb. 2020).
- Total Quality Management, Sadat Academy.

Accreditation & Standards Expertise

- Joint Commission International (JCI) – 8th Edition
- GAHAR Accreditation Standards
- ISO 22000 Food Safety Management System

🏠 Education & Certifications

- MBA in Marketing – Arab Academy for Science & Technology – 2023
- Egyptian Fellowship in Infection Control & Epidemiology – 2020
- Hospital Management Diploma – Faculty of Commerce
- B.Sc. in Pharmaceutical Sciences – Alexandria University
- TOT – Training of Trainers – MOH, 2013
- Certified in Infection Control (CIC) – American Board – Feb 2020

Training & Teaching Experience

Infection Control & Infectious Disease Instructor

High Score Academy | Jan 2019 – Present

- Designed and delivered CBIC certification courses to healthcare professionals.
- Led simulations and practical training based on US standards in infection control.
- Applied interactive teaching methodologies that improved learner engagement and retention.
- Mentored hundreds of students preparing for professional exams.

Culture Transformation Ambassador

Cleopatra Hospitals Group | 2020 – Present

- Selected as a change agent to lead mindset shift and employee engagement initiatives.
- Facilitated internal workshops and communication campaigns.
- Co-created new training content for behavioural and soft skills development.

Training Facilitator (Freelance & Internal Roles)

- Delivered internal training sessions in infection control, safety, team communication, and quality management.
- Participated in training hospital staff during GAHAR and JCI accreditation preparations.
- Developed SOP training guides and evaluation tools for onboarding.